

CAULIFLOWER STEAKS & MARINARA

OPTIONZ WITH ELIZA'S COOKING CLASS

INGREDIENTS:

- 1 head cauliflower cut into 1 inch thick steaks
- 2 tablespoons extra virgin olive oil
- italian seasoning to taste
- 1 cup premade marinara
- 1 cup parmesan or mozzarella cheese
- fresh basil for garnish

Preheat oven to 400 degrees fahrenheit.

Cauliflower steaks on a baking dish and top with olive oil and seasonings and bake for 40 minutes or until tender. Add marinara and cheese and let bake another 5 minutes. Top with fresh basil to serve.

Tip: This tastes just as good with cauliflower florets... no need to trouble yourself making the steaks. :)

"Everything Tastes Better with Optionz!"